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Celebrity Chef and Local Alumni Visits Elementary Schools During Health and Wellness Week, Students to Participate in Cooking Demonstration

Hopes to Influence Students to Eat Healthy

Turkey Meatballs on the Menu

March 19, 2018- Fairview, NJ – Local Fairview eatery and home meal delivery service, Elite Lifestyle Cuisine, announced today that Celebrity Chef and company President Carlo Filippone will visit Cliffside Park schools in lieu of Health and Wellness Week.

As part of the visit, students will get a first-hand experience into the preparation of a healthy meal and will then sample the finished product. Visiting local schools is an initiative that Filippone began several years ago to help students think more about proper nutrition. Filippone will visit two of the local schools- #5 School on Tuesday, March 20th and #3 School on Thursday, March 22nd.

“We’re really excited about visiting the schools and educating our young students.” says former bodybuilder turned celebrity chef Filippone. “It’s a great way to introduce the idea of healthy cooking to the future leaders our community. We’ve done this now for several years- and it becomes more rewarding with each visit. They enjoy the preparation process and the smiles on their faces are priceless.”

Filippone is a graduate of Cliffside Park High School and now helps professional athletes, models and actors fulfill their nutritional goals through targeted meal plans and supplements. The former bodybuilding champ’s meal company can be found on the web at www.EliteLifestyleCuisine.com

About [Elite Lifestyle Cuisine](#)

Elite Lifestyle Cuisine is a prepared gourmet, health food and supplements company based out of Fairview, New Jersey. All meals are chef-prepared with caloric balance in mind, utilizing the highest quality protein sources, low glycemic index carbohydrates and small amounts of healthy fats. No cooking, no cleaning, and no guilt; Elite Lifestyle Cuisine’s mission is to help Americans enjoy a richer, fuller life by offering them a true solution to healthy eating.

Event Locations

School #5: 214 Day Ave, Cliffside Park, NJ 07010
10:30 a.m.

School #3: 397 Palisade Ave, Cliffside Park, NJ 07010
10:30 a.m.