



PRESS RELEASE

Questions for the Sacramento Dentistry Group: What Can Invisalign Cure?

The dentists at the Sacramento Dentistry Group were recently asked the question: “Can Invisalign cure bad breath?” While Invisalign cures a lot of



dental problems, bad breath generally isn't one of them. An exception might be if a patient had teeth that were so crowded together that they were difficult to clean. Widening the arch to give more space to the teeth can be accomplished with Invisalign, but that is an indirect solution for a problem whose real source is actually gum disease.

That still brings up the question of what *can* Invisalign cure? Here's a list of some of the top complaints that are fixed by Invisalign:

- **Maloccluded Teeth:** Malocclusions occur when teeth are not in their proper position. There are almost as many reasons for problem bites as there are patients in the world — truly everyone's mouth is different. Dentists have discerned, however, that certain key dental parameters lead to longer-lasting teeth, better oral health, and sometimes even improved physical health. As a result, curing a malocclusion with Invisalign may solve many health problems.
- **Cosmetic Problems:** When it comes to orthodontics, their use is usually connected with fixing crooked teeth. In cases where the teeth are functional, but simply unsightly, Invisalign still is the treatment system of choice. Twisted, crowded, overly spaced and tilted teeth are just a few of the difficulties cured with Invisalign.
- **Snoring and Sleep Apnea:** If a snoring or sleep apnea problem (and the two often go together) is caused by smaller than normal airways, Invisalign can cure this problem by widening the airway with orthodontics. The Sacramento Dentistry Group has found this procedure very helpful for many of their patients, providing a permanent solution to a potentially life-threatening disorder.

So while most dentists would not recommend Invisalign for curing bad breath, it can cure many other debilitating problems. For more answers about Invisalign and what it is doing for orthodontic patients around Sacramento, contact the doctors at the Sacramento Dentistry Group at 1105 E Street in the downtown area. They are also available at 916-538-6900 or via their website sacramentodentistry.com.