



PRESS RELEASE

## **The Sacramento Dentistry Group Explains: Can You Use an FSA for Invisalign?**

**Sacramento, CA — December 21, 2016** — A common question heard by the dentists at the Sacramento Dentistry Group is whether patients can use an FSA (**Flexible Spending Account**) or HSA (Health Savings Account) to pay for Invisalign treatment. The simple answer is “Yes!” Both the FSA and the HSA are designed for spending on medical expenses. Since Invisalign is a form of **orthodontic** treatment, patients can use their health care accounts to pay for Invisalign procedures.

### **What is Invisalign?**

**Invisalign** is a system of clear aligners that use strong, form-fitting thermoplastics to gently pull teeth into their proper positions. With Invisalign, patients don't have to worry about wires or brackets rubbing, poking and prodding the soft oral tissues. Users can remove the aligners to eat and brush their teeth, so they also don't face the limitations that often come with wearing braces. And Invisalign can be paid for while taking advantage of the tax advantages that come with an FSA or HSA.

### **Why Is This Important Now?**

Typically, health care accounts rollover and the end of the year. Some allow a small amount of the year's savings to be used in the following year, but others do not. Either way, clients want to make certain that they spend the required amount from the account so that they don't lose any of their deposits. One way to do this is by arranging to fix the teeth so that they fit the dental definition of a healthy smile. For more information, contact the Sacramento Dentistry Group at 916-538-6900 or by visiting them online at [sacramentodentistry.com](http://sacramentodentistry.com).